

☞ Massage Therapy ☞

Organic Footbath 15 min~ Complimentary
This complimentary service is offered prior to a massage, body treatment or skin therapy. Your feet will float in organic salts and warm water in a handcrafted pottery bowl created by a local artisan.

Classic Aromatherapy Massage

30 min \$ 45 60 min \$ 65 90 min \$ 85

This classic, therapeutic massage includes the use of aromatherapy oils. A variety of gentle-to-firm relaxing massage techniques are used to soothe tired muscles, relieve tension, enhance circulation and calm the mind.

Raindrop Ritual \$ 85

90 minutes. Inspired by a Native American tradition, 10 pharmaceutical grade essential oils are dropped along the spine in sequential order along with a full body massage. Excellent for boosting the immune system, releasing muscle spasms and reducing inflammation. This treatment brings renewed energy to a tired travel-weary body.

The Summit \$ 75

75 minutes. This deep tissue massage is a slower, stronger massage. It benefits your health by loosening muscle tissue, releasing toxins from muscles and improving blood and oxygen circulation.

Hot Stone Therapy \$ 75

75 minute massage with smooth, warm basalt stones used along with a blend of sage, cedar and sweet grass infused in warm oil.

Reflexology \$ 50

50 minutes. Pressure is strategically applied to various parts of the feet and hands which correspond to vital systems of the body. Reflexology is believed to increase circulation, release blocked energy and relieve stress.

Outcall Services Available

All of the above massage therapies are available in the comfort of your own home or vacation retreat for an additional \$10

☞ Facial Therapy ☞

Classic Facial \$ 60

60 minute customized skin care treatment begins with a steamy deep cleanse and exfoliating masque to remove impurities, if necessary-extractions are performed to decongest pores, a facial massage using a customized blend of essential oils, a hydrating and soothing masque and protective moisture is then applied.

Honey-Cucumber Facial \$ 45

60 minutes. Honey, Lime & Cucumber reduce irritation & promote new cell growth. Leaves skin feeling soft and rejuvenated.

Pure Focus Facial \$ 30

30 minutes. This is a customized facial that focuses on corrective techniques. Choose from skin exfoliation, face and neck massage or customized masque treatment.

☞ Hand & Foot Care ☞

Peppermint & Rosemary Pedicure \$ 45

50 minutes. An invigorating experience for your feet. Enjoy a Peppermint Rosemary foot soak, exfoliating paste and silky, rich moisture for foot and leg massage. Cools and revitalizes skin. Nails are groomed & polished to perfection.

Manicure \$ 25

30 minute treatment nourishes hands & cuticles. Followed by nail grooming and polish.

Nourishing Hand Treatment \$ 20

30 minute treatment. Sweet Orange, Grapefruit & Ylang Ylang Hand & Nail Butter exfoliates & softens dry hands. Followed by a hand massage and warm cocoon wrap.

Ultimate Foot Treatment \$ 35

30 minute treatment to relieve stress and soreness from any athletic activity. Peppermint Foot Butter exfoliates and softens feet. Followed by a reflex massage and a warm cocoon wrap.

☞ Signature Body Treatments ☞

Hawaiian Salt Glow \$25

30 minutes. A perfect addition to any massage. This signature exfoliating treatment using natural Hawaiian Sea Salt in warm, tropical oils will stimulate blood circulation, restoring and revitalizing your skin for a hydrated, glowing appearance.

Herbal Body Wrap \$75

60 minute treatment begins with a body dry brushing to exfoliate and increase circulation, layers of warmed linens infused with organic herbs are placed on the body. While snugly wrapped in insulating blankets, enjoy a relaxing scalp and face massage.

Hydrating Body Butter Treatment \$85

60 minute therapeutic massage to restore nutrients and moisture to skin. Recommended for extra dry skin. Includes heat therapy.

☞ Packages ☞

Apres Ski \$100

90 minute treatment Includes a Hot Stone Therapy Massage, Ultimate Foot Treatment.

Alpine Rejuvenation Retreat \$185

2 Hour treatment includes a Hydrating Body Butter Treatment, Pure Focus Facial, Nourishing Hand Treatment, Ultimate Foot Treatment & Aromatherapy Scalp Treatment.

Island Bliss \$125

90 minute treatment includes a Hawaiian Salt Glow, 60 minute aromatherapy massage, aromatherapy hair and scalp conditioning treatment.

~Gift Certificates Available~
Hand Crafted Organic Body Products Available for purchase.

For an appointment call: (801) 673-7977

